



# SRI GURU RAM DAS UNIVERSITY OF HEALTH SCIENCES, SRI AMRITSAR

## Universal Human Values and Ethics

| <b>Theory Paper</b>   |                           |  |                           |
|---|---------------------------|--|---------------------------|
| <b>Topics</b>   | <b>Marks Distribution</b> | <b>Topics</b>  | <b>Marks Distribution</b> |
| <p><b>Self-Exploration &amp; Human Aspirations</b></p> <ul style="list-style-type: none"> <li>* Value Education &amp; Self-Exploration</li> <li>* Basic Human Aspirations (Happiness/Prosperity)</li> <li>* Current Scenario &amp; Method to Fulfilment</li> </ul> <p><b>Harmony in Society &amp; Universal Order</b></p> <ul style="list-style-type: none"> <li>* Vision for Universal Human Order</li> <li>* Human Constitution</li> <li>* Human-to-Human Relationship &amp; Justice</li> </ul> | 40                        | <p><b>Self-Regulation &amp; Health</b></p> <ul style="list-style-type: none"> <li>* Body as an instrument of the Self</li> <li>* Harmony of Self with the Body</li> <li>* Practice sessions: Self-regulation</li> </ul> <p><b>Professional Ethics &amp; Competence</b></p> <ul style="list-style-type: none"> <li>* Definitiveness of Ethical Human Conduct</li> <li>* Holistic Technologies &amp; Management Models</li> <li>* Case Studies in Professional Ethics</li> </ul> | 20                        |
| <p><b>Harmony in the Human Being</b></p> <ul style="list-style-type: none"> <li>* Co-existence of Self and Body</li> <li>* Needs and Activities of Self vs. Body</li> <li>* Harmony in the Self</li> </ul> <p><b>Harmony in Nature &amp; Existence</b></p> <ul style="list-style-type: none"> <li>* Four Orders of Nature</li> <li>* Interconnectedness &amp; Mutual Fulfilment</li> <li>* Realizing Existence as Co-existence</li> </ul>   | 20                        | <p><b>Foundations of Relationship</b></p> <ul style="list-style-type: none"> <li>* Harmony in the Family</li> <li>* Foundational Values: Trust &amp; Respect</li> </ul> <p><b>Transition Strategies</b></p> <ul style="list-style-type: none"> <li>* Transition towards value-based life</li> <li>* Natural Acceptance of Human Values</li> </ul>  | 20                        |
| <b>Total Marks</b>  | <b>100</b>                |  |                           |



# **SRI GURU RAM DAS UNIVERSITY OF HEALTH SCIENCES, SRI AMRITSAR**

## **Universal Human Values and Ethics**

Guidelines for question paper as per the National Medical Commission, Competency Based Undergraduate Curriculum for Indian Medical Graduate. Theory Paper should include questions from core competencies and **NOT from Non-Core Competency**

### **BLUEPRINT OF THEORY PAPER**

| <b>Sr. No</b>                       | <b>Type</b>         | <b>Explanation</b>   | <b>Topics</b>  | <b>Distribution of marks as per weightage</b> |
|-------------------------------------|---------------------|--|--|---|
| 1.                                  | MCQ                 | Standard assessment of factual knowledge and conceptual clarity  | All topics mentioned below   | 10x1=10                                       |
| 2.                                  | Long Essay Question | Tests integration, ethical reasoning, and analytical ability in complex scenarios.                                 | Self-Exploration and Natural Acceptance.<br>* Harmony in Human Being (Self and Body co-existence)<br>* Harmony in Family and Society (Trust, Respect, Universal Human Order).<br>* Harmony in Nature and Existence (Four orders, Interconnectedness).                            | 2x10=20                                       |
| 3.                                  | Short Notes         | Task-oriented questions designed to sample wider content. Structured to avoid simple "Write a note on..." prompts. | Value Education & Basic Aspirations.<br>* Needs of Self vs. Body.<br>* Harmony in the Self.<br>* Self-regulation and Health.<br>* Justice in Human Relationships.<br>* Self-regulation in Nature.<br>* Ethical Human Conduct.<br>* Holistic Technologies and Production Systems. | 8x5=40  |
| 4.                                  | Reasoning Questions | Focuses on the application of values in professional life and transition strategies.                               | * Practice sessions: Exploring Natural Acceptance.<br>* Practice sessions: Harmony of Self with Body.<br>* Competence in Professional Ethics.<br>* Strategies for transition to value-based profession.  | 3X10=30                                       |
| <b>Total Marks Theory Paper 100</b> |                     |  |  |   |

## BLUEPRINTING IN KNOWLEDGE DOMAIN

(Representative example only. Actual figures may vary with the subject and phase)

| Level         | Topic A        | Topic B     | Topic C             | Topic D                     | Total    |
|---------------|----------------|-------------|---------------------|-----------------------------|----------|
|               | Long Questions | Short Notes | Reasoning Questions | Short Notes Applied Aspects |          |
| Knowledge     | 1              | 1           | 2                   | 1                           | 5(20%)   |
| Comprehension | 1              | 1           | 0                   | 2                           | 4(16%)   |
| Application   | 1              | 1           | 1                   | 1                           | 4(16%)   |
| Analysis      | 1              | 1           | 2                   | 1                           | 5(20%)   |
| Synthesis     | 1              | 1           | 0                   | 1                           | 3(12%)   |
| Evaluation    | 1              | 1           | 1                   | 1                           | 4(16%)   |
| <b>Total</b>  | 6(24%)         | 6(24%)      | 6(24%)              | 7(28%)                      | 25(100%) |

### Verbs in various levels in Knowledge domain (Bloom's taxonomy)

|               |  |
|---------------|--|
| Knowledge     | Define, Describe, Draw, Find, Enumerate, Cite, Name, Identify, List, label, Match, Sequence, Write, State, Choose , Indicate, isolate, Order, Recognize, Underline                     |
| Comprehension | Discuss, Conclude, Articulate, Associate, Estimate, Rearrange, Demonstrate understanding, Explain, Generalise, Identify, Illustrate, Interpret, Review, Summarise, Extrapolate, Update |
| Application   | Apply, Choose, Compute, Modify, Solve, Prepare, Produce, Select, Show, Transfer, Use   |
| Analysis      | Analyse, Characterise, Classify, Compare, Contrast, Debate, Diagram, Differentiate, Distinguish, Relate, Categorise  |
| Synthesis     | Compose, Construct, Create, Verify, Determine; Design, Develop, Integrate, Organise, Plan, Produce, Propose, rewrite   |
| Evaluation    | Appraise, Assess, Conclude, Critic, Decide, Evaluate, judge, Justify, Predict, Prioritise, Prove, Rank   |

**The question part of the MCQ (item) is called STEM; correct answer is called the KEY and the rest of the options are called DISTRACTORS.**

**Steps in writing:**

1. Select the specific learning objectives which you want to test.
2. Write the stem, it should be self-explanatory and complete, avoid using terms like (NOT, EXPECT, NEVER, ALWAYS, SOMETIMES) in the stem, if the terms are being used they should be in UPPERCASE and bold letter.
3. Write unambiguous and unarguably the correct answer to the stem.
4. Select the most plausible alternatives and arrange them in the form of options.
5. Avoid window dressing of the stem. This means adding superfluous and unnecessary words which confuses the student.
6. Abbreviations should be avoided.
7. Options should be grammatically parallel to the key, and should be parallel and have the same relation to the stem.
8. When writing options, avoid duplications or making options all inclusive, e 1-6, 6-10 etc.
9. The options should be arranged in rank order, e.g., 256, 266, 280, 290 and not 290, 266, 280, 256.
10. "All the above" and "None of the above" should be avoided as an option.



**Subject- Universal Human Values and Ethics**

- Note:**
1. Attempt all questions. Illustrate your answer with suitable diagrams where applicable.
  2. Question No. I (Multiple Choice Questions (1-10)) is to be attempted on OMR Sheet in first 15 minutes of the start of exam.
  3. Question No. II-IV are to be attempted on the main answer book. No supplementary sheet shall be provided.
  4. Students must write QP code in the space provided on OMR sheet as well as on the title page of the main answer book.

**QP Code: MBN207A**

**I. Multiple Choice Questions (MCQs):**

[10X1=10]

**1. The process of Value Education is based on:**

- a. Dogma
- b. Self-Exploration
- c. Preconditioning
- d. Scriptural Authority

**2. The basic human aspiration is:**

- a. Accumulation of wealth
- b. Continuous happiness and prosperity
- c. Sensual pleasure
- d. Domination over others

**3. The 'Self' (I) is a \_\_\_\_\_ entity, while the 'Body' is a physico-chemical entity.**

- a. Material
- b. Conscious
- c. Temporary
- d. Financial

**4. The feeling of acceptance of excellence in the other is called:**

- a. Glory
- b. Gratitude
- c. Reverence
- d. Love

**5. What are the four orders of nature?**

- a. Air, Water, Fire, Earth
- b. Material, Pranic, Animal, Human
- c. Plant, Animal, Human, Divine
- d. Solid, Liquid, Gas, Plasma

**6. Trust (Vishwas) is the foundational value in relationships. It means:**

- a. To be assured that the other person wants to make me happy
- b. To expect the other person to follow my orders
- c. To rely on someone's skills only
- d. To doubt the intention of others

**7. The state of being in synergy or in agreement with the laws of existence is:**

- a. Conflict
- b. Harmony
- c. Competition
- d. Isolation

8. The 'Need of the Self' is \_\_\_\_\_ in nature.

- a. Quantitative
- b. Qualitative
- c. Temporary
- d. Physical

9. Professional ethics is the application of:

- a. Corporate laws
- b. Universal human values in one's profession
- c. Profit-making strategies
- d. Technical skills only

10. Harmony in the society is realized through:

- a. Police and Military
- b. Universal Human Order
- c. Economic competition
- d. Strict laws

II. Long Essay Questions (Answer any 2 questions):

[2x10=20]

- a. Natural Acceptance: Define the process of 'Self-Exploration' and explain how 'Natural Acceptance' acts as an internal monitor for our behavior and desires. Provide a real-life example where your natural acceptance differed from your preconditioning.
- b. Harmony in Society: Describe the journey from 'Harmony in Family' to 'Universal Human Order.' How does the realization of 'Trust' (Vishwas) and 'Respect' (Samman) contribute to a fearless society?
- c. Co-existence: "Nature is not a collection of separate entities but a system of interconnectedness." Discuss the four orders of nature and how they are mutually fulfilling. Explain where humans are currently failing in this mutual fulfillment.

III. Write short notes on:

[8X5=40]

- a. **Needs of Self vs. Body:** Differentiate between the needs of the 'Self' (I) and the 'Body' in terms of time and quantity.
- b. **Self-regulation and Health:** Explain the relationship between Self-regulation (Sanyam) and Health (Swasthya).
- c. **Justice in Relationships:** Define Justice (Nyaya) in the context of human-to-human relationships.
- d. **Harmony in the Self:** Briefly explain the activities of 'Desire, Thought, and Expectation' within the Self.
- e. **Holistic Technology:** What criteria should a technology meet to be considered "eco-friendly" and "people-friendly"?
- f. **Ethical Human Conduct:** Define the three pillars of ethical conduct: Right Understanding, Right Feeling, and Right Thought.
- g. **Value Education:** Why is there a need for value education in the current technical education system?
- h. **Self-regulation in Nature:** Explain how the Pranic order (plants) maintains a balance without human intervention.

IV. Reasoning & Application:

[10X3=30]

- a. **Scenario:** You are a manager at a firm where a colleague is being promoted based on false data. Apply the concept of Competence in Professional Ethics to decide your course of action. Justify your choice based on "Natural Acceptance."
- b. **Practice Reflection:** Based on your practice sessions, how do you distinguish between an "Instruction" given to the body and a "Feeling" within the self? Provide a specific observation from your exercise on Harmony of Self with Body.
- c. **Transition Strategy:** Outline a 5-step personal strategy for transitioning from a career driven solely by "Profit Maximization" to one based on a Value-Based Profession. How will you ensure financial viability while maintaining ethical integrity?